

## COLD STARTERS

### BURLINGTON'S COLD PLATTER

Selection of Turkish meze

### HOUMOUS

Puree chickpeas, tahini, hint of garlic, lemon juice and olive oil

### CACIK (TZATZIKI)

Cucumber, mint and a hint of garlic, mixed with strained yoghurt and topped with olive oil

### TARAMA SALAD

Salted and fish eggs mixed with olive oil and lemon juice

### MIXED OLIVES

Mix of black and green olives

### FETA CHEESE

Feta cheese topped with olive oil and olives on the side

### PRAWN COCKTAIL

Baby prawns laid on lettuce leaves and topped with homemade sauce

### ROCK OYSTER

Served with tabasco and red wine vineager

### RUSSIAN SALAD

Peeled and cut into small chunks, carrots, gherkins and peas, mixed with light mayonnaise

### COLESLAW

White cabbage, carrots, small bunch dill, coriander finely chopped and mixed with sour cream

and mayonnaise

### SMOKED SALMON

Avocado and Horseradish Cream

### BURLINGTON'S MIX SEAFOOD

Calamari, Baby Octopus, Shrimp, Prawn & Mussels

## HOT STARTER

### BURLINGTON'S HOT PLATTER

Calamari (6pcs), Scallops (3pcs), Grilled Octopus & King Prawns (3pcs)

### SCAMPI

6pcs of deep fried scampi

### CRAB CAKE

With Bang Bang Sauce

### FALAFEL

Served on houmous with sliced lemon

### CALAMARI

6pcs of deep fried calamari served with tartar sauce and lemon

### WHITE BAIT

Freshly deep fried white bait deep fried or pan fried

### SCOTTISH SCALLOP

4pcs of pan fried scallops

### OCTOPUS

Pan fried octopus marinated with melted butter, lemon sauce and sweet chilli

### TEMPURA KING PRAWN

3 pcs deep fried king prawn served with sweet chilli sauce

### PAN-FRIED TIGER PRAWNS

3 pcs Tiger prawns in a tomato, chilli and garlic sauce, served with bread

### PAN-FRIED KING PRAWNS

4 pcs pan fried cooked and served with lemon

### MUSSELS

1/2kg served in a creamy sauce or tomato sauce

### HALLOUMI & SUCUK

Halloumi and spicy turkish sausage

### GARLIC SHRIMP

Baby shrimp, pan fried with garlic and chopped parsley

### FRIED BRIE CHEESE

2 pcs deep fried and served with cranberry sauce

### HALLOUMI

4pcs of halloumi, grilled or deep fried

### CRAB CLAWS

3 pcs served with sweet chilli sauce

## SOUP OF THE DAY

£12.95

£5.50

£5.50

£5.50

£4.00

£5.50

£7.50

£9.50

£5.50

£5.50

£7.95

£9.90

£26.95

£7.50

£6.95

£5.95

£9.95

£9.95

£10.95

£12.95

£12.95

£15.95

£12.95

£12.00

£7.50

£6.95

£6.95

£6.95

£6.95

£6.00

## FRIED SEAFOOD

All Served with Chips, Slice of Lemon and Tartar Sauce

### COD

£18.95

### ROCK

£18.95

### SKATE

£21.95

### PLAICE

£19.95

### HADDOCK

£18.95

### SCAMPI (12pcs)

£17.95

### CALAMARI (8pcs)

£16.95

### TEMPURA KING PRAWN

£20.95

### HOMEMADE FISH CAKE (2pcs)

£15.95

### COD ROE (2pcs)

£16.95

## GRILLED SEAFOOD

All Served with Chips, Slice of Lemon and Tartar Sauce

### COD

£20.95

### ROCK

£20.95

### SKATE

£24.95

### PLAICE

£21.95

### HADDOCK

£21.95

### DOVER SOLE

£39.95

### HALIBUT

£35.95

### SEA BASS

£22.00

### SALMON

£22.00

### SWORD FISH

£23.50

### MONK FISH

£27.95

### OCTOPUS

£22.50

### KING PRAWN (8pcs)

£26.50

### TIGER PRAWN

£26.99

### SCOTTISH SCALLOPS

£26.00

### WHITE BAIT

£20.50

## CHARCOAL GRILL

All Served with Rice and Salad

### LAMB SHISH

£22.95

Grilled lamb cubes on skewer

### CHICKEN SHISH

£21.95

Grilled chicken breast cubes on skewer

### ADANA

£18.95

Minced lamb marinated with herbs and vegetables

### ISKENDER

£22.95

Grilled mince lamb, served on toasted bread with homemade tomato sauce, yoghurt and hot butter sauce

### SARMA BEYTI

£20.95

Marinated chicken beyti, wrapped with tortilla bread, served on yoghurt and melted butter with homemade sauce

### HALF & HALF

£21.95

Any choice of two (Lamb shish, Chicken Shish, Adana, Chicken Beyti)

### MIXED SHISH

£27.50

Lamb shish, Chicken Shish, Adana, Kofte

### LAMB RIBS

£22.00

8pcs of ribs grilled on charcoal

### LAMB CHOPS

£26.00

4pcs of chops grilled on charcoal

### CHICKEN WINGS

£16.95

8pcs of wing, marinated with special homemade sauce

### HUMMUS KAVURMA

£18.95

Fresh hummus topped with spicy pan fried lamb and pine nuts

## CASSAROLE

### LAMB CASSAROLE

£12.95

Lamb cubes, red pepper, green pepper, onion, garlic, tomatoes, and served with rice

### CHICKEN CASSAROLE

£12.95

Chicken breast, red pepper, green pepper, onion, garlic, tomatoes, and served with rice

A 10% SERVICE CHARGE WILL BE ADDED TO YOUR BILL

## SHELLED SEAFOOD

### WHOLE LOBSTER

£65.95

Whole Lobster, 3pcs Scallops, 3pcs Prawns, Calamari, Octopus & Mussels served with chips,

a slice of lemon, tartar sauce and salad

### 1/2 LOBSTER PLATTER

£45.95

1/2 Lobster, 2pcs Scallops, 2pcs Prawns, Calamari, Octopus & Mussels served with chips,

a slice of lemon, tartar sauce and salad

### MUSSEL MARINIERE

1/2Kg £15.50

1 Kg £19.50

Shallots, garlic, double cream, white wine and parsley

### MUSSEL PROVENCALE

1/2Kg £15.50

1 Kg £19.50

Chopped fresh tomato, white wine and herbs

### MUSSEL ORIENTAL

1/2Kg £15.50

1 Kg £19.50

Coconut milk, coriander, sweet red chilli and lime

## PLATTERS

### HOUSE SPECIAL (2-3 people)

£69.00

Lamb Shish, Chicken Shish, Adana, Chicken Wings, Chicken Beyti, served with rice or bulgur, bread

and 2/3 sides of Cold Starters

### BURLINGTON'S SURF AND TURF (4-5 people)

£125.00

1/2 lobster, mixed seafood and charcoal mixed grill served with salad and chips

## BURGERS

All served with chips, gherkin, red onion, tomato & lettuce

### BURLINGTON'S SPECIAL

£16.50

Homemade burger meat, slice of halloumi

### CHICKEN BURGER SPECIAL

£16.50

Grilled chicken breast

### BURLINGTON'S VEGGIE BURGER

£14.00

Homemade veggie burger

## PASTA

Served with parmesan cheese

### LINGUINE NEAPOLITAN

£15.95

Cooked in a special Italian tomato sauce

### LINGUINE FRUTTI DI MARE

£18.95

With mixed seafood, mussels and fresh tomato sauce

### LINGUINE CHICKEN

£18.95

Chicken marinated and cooked in a creamy sauce

### LINGUINE MARINARE

£16.95

Mussels marinated and cooked with a creamy sauce

### LINGUINE SCOTTISH SCALLOPS

£19.95

Cooked in garlic, white wine and sweet chilli sauce

### LINGUINE VEGETARIAN

£16.95

Seasonal mixed vegetables with a creamy sauce

## PIE

All served with chips or mashed potato and gravy sauce

### STEAK AND KIDNEY

£12.95

### CHICKEN AND MUSHROOM

£12.95

### MINCED BEEF AND ONION

£12.95

## STEAK

All served with chips or mashed potato, garden peas & boiled vegetables

### SIRLOIN STEAK

£24.95

Marinated in herbs and olive oil, salt and pepper

### T-BONE STEAK

£24.95

Marinated in herbs and olive oil, salt and pepper

### CHICKEN STEAK

£21.95

Marinated in chef's special sauce and served with grilled green peppers

PLEASE INFORM YOUR SERVER OF ANY ALLERGENS BEFORE ORDERING



## VEGETARIAN

### VEGGIE GRATEN (LASAGNA)

Mixed veg with bechamel sauce

£12.95

### FALAFEL

Served with houmuos and rice

£12.95

### VEGGIE MOUSSAKA

Roasted vegetables cooked with tomato sauce

£14.95

## SIDE SALADS

### MIXED SALAD

Lettuce, tomato, onion, cucumber with olive oil and a slice of lemon

£7.95

### COBAN SALAD

Tomato, onion, cucumber, parsley, chopped finely and olive oil

£7.95

### EZME SALAD

Thinly chopped tomatoes, cucumber, onion and parsley, mixed with pomegranate sauce, olive oil and lemon juice

£8.95

### MEDITERRANEAN SALAD

Parsley, tomato, onion, cucumber, feta cheese and olives with olive oil and a slice of lemon

£10.95

## SALAD MAINS

### CHICKEN SALAD WITH AVOCADO

Grilled chicken, avocado, lettuce, cherry tomatoes, cucumber and onion

£15.95

### HALLOUMI AVOCADO SALAD

Grilled halloumi, avocado, cherry tomato, red onion and red cappyol pepper

£13.95

### MIXD SEAFOOD SALAD

Mixed seafood, cherry tommatoes, parsley, red onion and sweetcorn

£15.95

### SMOKED SALMON SALAD WITH AVOCADO

Lettuce, tomatoes, cucumber and capya

£15.95

### GRILLED SALMON SALAD WITH AVOCADO

Lettuce, tomatoes, cucumber, red onions and capya

£22.95

## KIDS MENU All served with chips

### DEEP FRIED FISH GOUJONS (3pc)

£9.95

### CHICKEN BURGER WITH LETTUCE AND MAYO

£9.95

### QUARTER POUNDER WITH CHEESE

£9.95

### CHICKEN NUGGETS (6pcs)

£9.95

### KIDS CHICKEN OR LAMB SHISH

£12.95

### SAVELOY / BATTERED OR PLAIN SAUSAGE

£9.95

## SIDE ORDER

### CHIPS

sml: £5.00

lrg: £6.50

### MASHED POTATO

£5.95

### COD ROE

£5.00

### HOMEMADE FISH CAKE

£4.50

### SAVELOY / BATTERED OR PLAIN SAUSAGE

£4.00

### BUTTERED ROLL

£1.50

### SEASONAL MIXED VEGETABLES

£6.00

### GRAVY

£4.50

### CURRY SAUCE

£4.50

### MUSHY PEAS / GARDEN PEAS

£4.50

### PICKLED ONION/ GHERKIN / EGG

£1.50

### ONION RINGS

£1.50

### AVOCADO

£6.00

### RICE / BULGUR

£3.00

Here at  
**Burlingtons**  
**Fish & Grill Restaurant**  
*we are constantly striving to improve  
our service and quality in order to  
give our customers the very best  
experience. As a result, we are finally  
proud to unveil and introduce our  
latest improvement, our new online  
ordering website! You can now relax  
at home and order your favourite,  
freshly prepared meals from  
Burlingtons Fish & Grill Restaurant  
in Romford.*

*Burlingtons Fish & Grill Restaurant  
in Romford will always be offering  
great food at affordable prices.*

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# Burlingtons FISH & GRILL RESTAURANT

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